

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22 Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	23 Pancakes w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	24 Whole Grain Breakfast Bar + Graham Crackers Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	25 French Toast w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	26 English Muffin w/ Jelly Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
29 Whole Grain Bagel w/ Cream Cheese or 100% Fruit Juice Ice Cold Milk Pint	30 Waffles w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	31 Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint		

Artificial
Ingredients,
Additives,
Preservatives

High Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!

Each meal includes rBST-free skim or 1% milk.



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.