

Artificial Ingredients, Additives, Preservatives

High Fructose Corn Syrup

Fried Foods Mystery Meats

ALWAYS fresh NEVER frozen

\*\*\*\* 4-Star Schod Lunch Provider!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 No School Rosh Hashanah	4 4 Star Mac 'n' Cheese Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	5 Chicken Fajitas Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	6 Signature Cheese Calzone Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	7 Personal Pan Cheese Pizza Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
10 No School Columbus Day	11 Mozzarella Drizzled Breadsticks w/ Dipping Sauce Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	12 No School Yom Kippur	13 Grilled Cheese Please! Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint <b>Great Apple Crunch Day!</b>	14 Personal Pan Cheese Pizza Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
17 Brunch for Lunch! Whole Grain Pancakes w. Turkey Sausage Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	18 Pasta Primavera Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	19 Crispy Chicken Tenders w. Steamed Brown Rice Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	20 Cheese Quesadilla w. Salsa Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	21 Personal Pan Cheese Pizza Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
24 Signature Cheese Calzone Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	25 4 Star Mac 'n' Cheese Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	26 Chicken Fajitas Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	27 Baked Mostaccioli Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	28 Personal Pan Cheese Pizza Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
31 Sloppy Joe Sandwich Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint		<b>Great Lakes Great Apple Crunch</b>  <b>Help Celebrate National Farm to School Month and Food Day with a Crunch!</b>  <b>Thurs. Oct 13, 2016</b>		

**ELEMENTARY Daily Lunch Choices Include:**

- Daily Special
- Weekly Rotating Option
- Turkey Sub
- Veggie Salad

**ELEMENTARY Weekly Rotating Choices:**

- Mon- Classic MmmBurger w. Cheese
- Tues- All Beef Hot Dog
- Wed- Hot! Hot! Cheese Nachos
- Thurs- Crispy Chicken Slider Sandwich
- Fri- Personal Pan Pepperoni Pizza

**MIDDLE SCHOOL Daily Choices Include:**

- Daily Special
- Doughbro's Pizza (Available Mon/Wed/Fri)
- Cheese Calzone (Available Tues/Thurs)
- All Beef Hot Dog
- Chicken Sandwich
- Deli Sub Station
- Veggie Salad
- Sun Butter & Jelly

Each meal includes BST-free skim or 1% milk.



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.