

Artificial Ingredients, Additives, Preservatives

High Fructose Corn Syrup

Fried Foods Mystery Meats

ALWAYS fresh NEVER frozen

\*\*\*\* 4-Star Schod Lunch Provider!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	2 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
5 Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	6 Waffles w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	7 Strawberry Banana Yogurt w. Graham Crackers Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	8 Biscuit w. Jelly Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	9 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
12 Whole Grain Cereal Fresh Fruit or 100% Fruit Juice Ice Cold Milk Pint	13 Pancakes w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	14 Strawberry Banana Yogurt w. Graham Crackers Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	15 Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	16 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
19 No School Winter Break	20 No School Winter Break	21 No School Winter Break	22 No School Winter Break	23 No School Winter Break
26 No School Winter Break	27 No School Winter Break	28 No School Winter Break	29 No School Winter Break	30 No School Winter Break

**Available Daily:**  
**Whole Grain Breakfast Bar w. Graham Crackers**  
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Each meal includes rBST-free skim or 1% milk.