



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School Non Attendance Day	3 Pancakes w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	4 Strawberry Banana Yogurt w. Graham Crackers Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	5 Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	6 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
9 Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	10 Waffles w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	11 Whole Grain Breakfast Bar w. Graham Crackers Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	12 Biscuit w. Jelly Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	13 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
16 No School Martin Luther King Day	17 Pancakes w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	18 Strawberry Banana Yogurt w. Graham Crackers Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	19 Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	20 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
23 No School Institute Day	24 French Toast w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	25 Whole Grain Breakfast Bar w. Graham Crackers Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	26 Biscuit w. Jelly Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	27 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
30 Whole Grain Cereal Fresh Fruit or 100% Fruit Juice Ice Cold Milk Pint	31 Waffles w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint			

**Available Daily:**  
**Whole Grain  
 Breakfast Bar  
 w. Graham  
 Crackers**  
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In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

Each meal includes rBST-free skim or 1% milk.