

Artificial  
Ingredients,  
Additives,  
Preservatives

High Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

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4-Star Schod  
Lunch Provider!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Baked Potato w/ Cheese Sauce Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	4 Teriyaki Chicken w/ Fried Rice Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	5 Italian Meatball Subs Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	6 Super Beef Nachos Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	7 Personal Pan Cheese Pizza Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
10 MmmBurger Hamburger Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	11 Chicken Fajitas Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	12 Sloppy Joe Sandwich Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	13 Personal Pan Cheese Pizza Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	14 No School
17 No School	18 Pasta Bolognese Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	19 Homemade Meatloaf Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	20 4 Star Mac n' Cheese Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	21 Personal Pan Cheese Pizza Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
24 Soft Shell Tacos Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	25 Baked Mostaccioli Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	26 Baked Chicken Nuggets Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	27 Beef Nachos Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	28 Personal Pan Cheese Pizza Super Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
<i>Eat your <b>GREEN PEAS!</b></i>	<i>WHY?</i>	<i>They strengthen the immune system, boost energy levels, supports healthy blood vessels...</i>	<i>...regulate blood sugar levels, high in fiber and protein, reduces bad cholesterol...</i>	

**ELEMENTARY Daily Lunch Choices Include:**

- Daily Special
- Weekly Rotating Option
- Turkey Sub
- Veggie Salad
- Sun Butter & Jelly

**ELEMENTARY Weekly Rotating Choices:**

- Mon- All Beef Hot Dog
- Tues- Classic
- Wed- Hot! Hot! Cheese Nachos
- Thurs- Classic
- MmmBurger w. Cheese
- Fri- Personal Pan Pepperoni Pizza

**MIDDLE SCHOOL Daily Choices Include:**

- Daily Special
- Doughbro's Pizza (Available Mon/Wed/Fri)
- Cheese Filled Breadsticks (Available Tues/Thurs)
- MmmBurger w. Cheese
- All Beef Hot Dog
- Chicken Sandwich
- Deli Sub Station
- Veggie Salad
- Sun Butter & Jelly

Each meal includes rBST-free skim or 1% milk.



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability. Menus may be subject to change. Notice will be given as soon as possible.