







High-Fructose Corn Syrup







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	1 2 Pancakes w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	3 Biscuit w. Jelly Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	Fresh Fruit Or 100% Fruit Juice	5 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	Pancakes w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	10 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	Biscuit w. Jelly Fresh Fruit Or 100% Fruit Juice	12 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
15 Whole Grain Cereal Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	16 Pancakes w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	17 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	Strawberry & Banana Yogurt w. Fresh Fruit	19 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint
Whole Grain Cereal Fresh Fruit or 100% Fruit Juice Ice Cold Milk Pint	French Toast w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	24 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	Biscuit w. Jelly	26 No School Institute Day
29 No School Memorial Day	30 Waffles w/ Syrup Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	31 Pop Tart Pastry Fresh Fruit Or 100% Fruit Juice Ice Cold Milk Pint	Chef's Choice! Fresh Fruit Or 100% Fruit Juice	2 Chef's Choice! Fresh Fruit Or 100 % Fruit Juice Ice Cold Milk Pint

<u>Available Daily</u>:

Whole Grain Breakfast Bar w. Graham Crackers



Each meal includes rBST-free skim or 1% milk.





















