

Artificial  
Ingredients,  
Additives,  
Preservatives

High-Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

\*\*\*\*  
4-Star Schod  
Lunch Provider!



# April.Snack.Menu. Hawthorne, Twain & Whitman Early Childhood

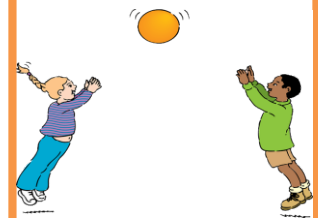


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School	3 Strawberry Cup  Goldfish Vanilla Graham	4 Fresh Orange  WG Heartzel Pretzels	5 Animal Crackers  1% Low-fat Milk Pint	6 Fresh Cucumber Coins w/ LF Ranch Dip  100% Fruit Juice
9 WG Plain Cheerios Cereal Bowl  1% Low-fat Milk Pint	10 WG Goldfish Cheddar Snack Cracker  100% Juice Cup	11 Fresh Banana  Sun Butter Cup	12 WG Blueberry Lemon Bites  100% Juice Cup	13 Monterey Jack Cheese  Ocean Spray Watermelon Craisins
16 Strawberry Cup  Goldfish Vanilla Graham	17 Animal Crackers  1% Low-fat Milk Pint	18 Fresh Orange  WG Heartzel Pretzels	19 WG Cheddar Goldfish Snack Crackers  100% Juice Cup	20 Raspberry Yogurt Cup  Goldfish Grahams
23 WG Blueberry Lemon Bites  100% Juice Cup	24 Monterey Jack Cheese  Ocean Spray Watermelon Craisins	25 Fresh Banana  Sun Butter Cup	26 WG Plain Cheerios Cereal Bowl  1% Low-fat Milk Pint	27 Fresh Orange  WG Heartzel Pretzels
30 WG Cheddar Goldfish Snack Crackers  100% Juice Cup				

## Fun Activities to Get Kids Moving

**Jump rope:** If you have downstairs neighbors who complain, go in the hall or outside your building. For more fun, pick up a book of [jump-rope rhymes](#).

**Balloon ball:** There are endless ways to play with balloons indoors. Try to keep it off the ground or just play catch. Mix it up with [balloon tennis](#)!



Each meal includes rBST-free skim or 1% milk.



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability. Menus may be subject to change. Notice will be given as soon as possible.