

**FRIDAY** 



Myster

NEVE



WEDNESDAY



	MONDAY	TUESDAY	WEDNES	SDAY IHUR	SDAY FRIDAY
Fructose Syrup		Chef's Choice Fruit Choice or 100% Juice Cold Milk Pint	WG Blueberry Lemon Bites Fruit Choice or 100% Juice Cold Milk Pint	3 WG Apple Whirls Cereal Bowl Fruit Choice or 100% Juice Cold Milk Pint	4 WG Pop Tart Pastry Fruit choice or 100% Juice Cold Milk Pint
Foods y-Meats	7 WG Chocolate Chip Oatmeal Bar Fruit Choice Or 100% Juice Cold Milk Pint	8 Apple Cinnamon Muffin Fruit Choice or 100% Juice Cold Milk Pint	9 WG Strawberry Breakfast Bar Fruit Choice or 100% Juice Cold Milk Pint	10 WG Goldfish Graham Fruit Choice or 100% Juice Cold Milk Pint	11 WG Pop Tart Pastry Fruit Choice or 100% Juice Cold Milk Pint
	14 WG Keebler Animal Crackers Fruit Choice Or 100% Juice Cold Milk Pint	15 WG Blueberry Lemon Bites Fruit Choice or 100% Juice Cold Milk Pint	16 WG Strawberry Breakfast Bar Fruit Choice or 100% Juice Cold Milk Pint	17 WG Apple Whirls Cereal Bowl Fruit Choice or 100% Juice Cold Milk Pint	18 WG Pop Tart Pastry Fruit Choice or 100% Juice Cold Milk Pint
AYS fresh R frozen	21 WG Goldfish Graham Fruit Choice or 100% Juice Cold Milk Pint	22 WG Apple Breakfast Bar Fruit Choice or 100% Juice Cold Milk Pint	WG Bagel w/Cream Cheese 100% Juice Cold Milk Pint	24 WG Chocolate Chip Oatmeal Bar Fruit Choice or 100% Juice Cold Milk Pint	25 No School Institute Day
*** r Schod Provider!	28 No School Memorial Day	29 WG Cheddar Goldfish Fruit Choice or 100% Juice Cold Milk Pint	30 WG Strawberry Breakfast Bar Fruit Choice or 100% Juice Cold Milk Pint	31 Chef's Choice Fruit Choice or 100% Juice Cold Milk Pint	Cooper, Longfellow, Poe, Riley continue to offer breakfast before the start of the school day.  Middle School 8 – 8:30 am Elementary Schools 8:30 – 9:00 am

**TUFSDAY** 





## What Makes a School Breakfast?

## Offer Vs. Serve

Choose at least 3 items from the four offered, one must be a 1/2 cup of fruit (or vegetable).

We offer

Grain

Fruit or (Vegetable)

Milk

The fourth item offered may be another grain, another fruit or veggie, or a meat or meat alternate.











MONDAY













THURSDAY





