

Artificial Ingredients, Additives, Preservatives

High-Fructose Corn Syrup

Fried Foods Mystery Meats

ALWAYS fresh NEVER frozen

**** 4-Star Schod Lunch Provider!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Illinois Harvest of the Month 101 Illinois Harvest of the Month celebrates a different in-season, locally or regional grown food item every month. Harvest of the Month provided materials in the café for students to engage in hands-on opportunities to explore opportunities to explore, taste and learn about the importance of eating fruits and vegetables every day.</p>			
6	7	8	9	10
13	14	15	16	17
<p>MS Enrichment Program @ London and ESY Program @ Hawthorne this week only! Last week of Community FREE meals for the Seamless Summer Program</p>				
20	21	22	23	24
Teacher's Institute Day No Meal Service	Teacher's Institute Day No Meal Service	All Beef Hot Dog Super Steamed Zucchini Sweet Watermelon Ice Cold Milk First Day of School Welcome Back!	Popcorn Chicken Herb Roasted Potatoes Fresh Orange Wedges Ice Cold Milk First Day of School for Kindergarten!	New Item Nardone WG Cheese Pizza Super Steamed Corn Orchard Apple Ice Cold Milk
27	28	29	30	31
4-Star Macaroni & Cheese Creamy Coleslaw Orchard Apple Ice Cold Milk	Corn Dog Homestyle Baked Beans Seasonal Cut Melon Ice Cold Milk	Rigatoni Marinara w/Roll Steamed Summer Squash Petite Banana Ice Cold Milk	Garden Stuffed Baked Potato w/Steamed Veggies & Cheese Sweet Watermelon Ice Cold Milk	Nardone WG Cheese Pizza Steamed Mixed Veggies Fresh Orange Wedges Ice Cold Milk

Did you know that at a CEP schools, if you bringing your own lunch entrée from home, you can still grab a fruit, veggies and a cold milk every day for free to complete your meal?

Daily Special
Weekly Rotating special
Turkey & American Cheese Sub
Veggie Salad w/Beans
Sun Butter & Jelly

Elementary Weekly: Rotating Choices
Mon – All Beef Hot Dogs
Tues – Chicken Nuggets
Weds- 2 Bosco Sticks
Thurs – Cheese Nachos
Fri- Personal Pan Pepperoni Pizza

Middle School Daily Choices
Doughbro's Pizza (Available M, W, F)
Cheese Filled Bread Stick (Available Tues/Thurs)
-All Beef Hot Dog
Variety of Chicken Sandwiches
Made to order Deli Bar
Grab n Go Salads
Sun Butter & Jelly Sandwich

Each meal includes rBST-free skim or 1% milk.



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