

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 New Zee Zee's WG Berry Apple Crisp Bar Fresh Apple Slices Or 100% Juice Cold Milk Pint	2 WG Fruit Whirls Cereal Bowl Watermelon Craisins Or 100% Juice Cold Milk Pint	3 WG Strawberry Pop Tart Petite Bananas Or 100% Juice Cold Milk Pint	4 WG Choc Chip Oatmeal Bar Orchard Apples Or 100% Juice Cold Milk Pint	5 Apple Cinnamon Muffin Orange Wedges Or 100% Juice Cold Milk Pint
8 WG PF Vanilla Graham Watermelon Craisins or 100% Juice Cold Milk Pint	9 WG Bagel w/Cream Cheese Orange Wedges Or 100% Juice Cold Milk Pint	10 WG Appleway Apple Oatmeal Bar Petite Bananas Or 100% Juice Cold Milk Pint	11 Great Apple Crunch Day Upstate Farm Yogurt Cup Fresh Apple Slices Or 100% Juice Cold Milk Pint	12 New Flavor WG Appleway Blueberry Pomegranate Oatmeal Bar Chilled Applesauce Or 100% Juice Box Cold Milk Pint
15 New Zee Zee's WG Campfire S'mores Oatmeal Bar Orchard Apples Or 100% Juice Box Cold Milk Pint	16 WG Apple Whirls Cereal Bowl Watermelon Craisins Or 100% Juice Box Cold Milk Pint	17 String Cheese WG Vanilla Grahams Petite Bananas Or 100% Juice Cold Milk Pint	18 WG Darlington Iced Cinnamon Granola Bar Orange Wedges Or 100% Juice Cold Milk Pint	19 WG Blueberry Pop Tart Chilled Applesauce Or 100% Juice Cold Milk Pint
22 WG Coco Munchees Cereal Bowl Orchard Apples or 100% Juice Cold Milk Pint	23 WG Fieldstone Strawberry Bar Petite Bananas Or 100% Juice Cold Milk Pint	24 WG Cheddar Goldfish Fresh Apple Slices or 100% Juice Cold Milk Pint	25 Apple Cinnamon Muffin Orange Wedges Or 100% Juice Cold Milk Pint	26 New Zee Zee's WG Oatmeal Coco Chip Bar Chilled Applesauce Or 100% Juice Box Cold Milk Pint
29 New Flavor WG Iced Lemon Bar Orchard Apples Or 100% Juice Cold Milk Pint	30 Upstate Farm Yogurt Cup Orange Wedges Or 100% Juice Cold Milk Pint	31 Happy Halloween WG Frightening Fudge Pop Tart Phantom Petite Bananas Or 100% Chiller Juice Spooky Cold Milk Pint	<p>We are excited to introduce ZEE ZEE'S Breakfast products.</p>	

Artificial
Ingredients,
Additives,
Preservatives

High Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!

Welcome Back!
London, Tarkington, Frost & Kilmer have rolled out the crowd-pleasing **FREE** Grab-n-Go breakfast option while still offering the traditional **FREE** breakfast in the café before school.
Please note Holmes will not be serving Bananas in their building.
While our very popular Breakfast *after* the Bell program continues at

- Field
- Twain
- Whitman

These K-8 students will be offered a **FREE** breakfast in their classrooms after the school day starts.

Each meal includes rBST-free skim or 1% milk.

