

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

	<p>March is National Nutrition Month! Our Nutrition message is to think about all the different aspects of Nutrition from the ground up! The focus of many schools today is to offer a variety of fresh fruit & vegetables and serving healthy recipes. We all want to eat right and school lunches are a great place to start!</p>			<p>Nardone Cheese Pizza Golden Harvest Corn Local Orchard Apples Ice Cold Milk</p>
<p>WG Chicken Slider Sandwich Oven Baked Fries Sweet Clementine Ice Cold Milk</p>	<p>Meatballs & Brown Gravy Wavy Egg Noodles Supper Green Broccoli Chilled Pears Ice Cold Milk</p>	<p>Nardone Pepperoni Pizza Squash Medley Petite Bananas Ice Cold Milk</p>	<p>WG Chicken Corn Dog California Blend Veggies Fresh Apple Slices Ice Cold Milk</p>	<p>Brunch for Lunch Day! Flapjack Pancakes w/Pork Sausage Patty Crispy Hash Brown Unsweetened Applesauce Ice Cold Milk</p>
<p>Pop Corn Chicken Bites Golden Harvest Corn Fresh Apple Slices Ice Cold Milk</p>	<p>Nachos Supreme Refried Beans Chilled Pears Ice Cold Milk &</p>	<p>Spaghetti & Meatballs WG Garlic Texas Toast Garden Zucchini Petite Bananas Ice Cold Milk</p>	<p>Breaded Chicken Drumstick Garlic Smashed Potatoes Strawberry Cup Ice Cold Milk</p>	<p>4-Star Mac & Cheese Mixed Garden Veggies Sweet Clementine's Ice Cold Milk</p>
<p>Grilled Cheese Please Homestyle Baked Beans Fresh Navel Oranges Ice Cold Milk</p>	<p>Soft Shell Tacos Mexicali Corn Sweet Clementine Ice Cold Milk</p>	<p>Rigatoni Marinara WG Garlic Dinner Roll Green Beans Fresh Navel Orange Ice Cold Milk</p>	<p>New Item Garden Vegetable Lo Mein Local Orchard Apples Ice Cold Milk</p>	<p>Brunch for Lunch Day! French Toast Sticks w/Pork Sausage Patty Crispy Hash Brown Local Orchard Apples Ice Cold Milk</p>
	<p>Spring Break starts Monday, March 25th and Classes Resume on Monday, April 1st</p>			<p>National Nutrition Month[®] March 2010 American Dietetic Association</p>

Did you know that at a CEP school, if you're bringing your own lunch entrée from home, you can still grab a fruit, veggies and a cold milk every day for free to complete your meal?

Daily Special

Weekly Rotating special
Turkey & American Cheese Sub
Veggie Salad w/Beans
Sun Butter & Jelly

Elementary Weekly:

Rotating Choices

Mon – All Beef Hot Dogs
Tues –Chicken Nuggets
Weds- 2 Bosco Sticks
Thurs –Cheeseburger
Fri- Cheese Nachos

Middle School Daily Choices

Doughbro's Pizza
(Available M, W, F)
Cheese Filled Bread Stick
(Available Tues/Thurs)
-All Beef Hot Dog
Variety of Chicken Sandwiches
Made to order Deli Bar
Grab n Go Salads
Sun Butter & Jelly Sandwich

Artificial Ingredients, Additives, Preservatives

High-Fructose Corn Syrup

Fried Foods Mystery Meats

ALWAYS fresh NEVER frozen

4-Star Schod Lunch Provider!

Each meal includes rBST-free skim or 1% milk.



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