

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
PF Cinnamon Grahams
String Cheese
100% Chilled Juice Box
Watermelon Cranberries
Cold Milk Pint

2
Cheerios Strawberry
Breakfast Bar
100% Chilled Juice Box
Applesauce
Cold Milk Pint

3
Fudge Pop Tart
100% Chilled Juice Box
Navel Oranges
Cold Milk Pint

4
Reduced Sugar
Apple Jack Cereal
100% Chilled Juice Box
Strawberry Cup
Cold Milk Pint

7
Appleway Chocolate
Chip Bar
100% Chilled Juice Box
Orchard Apples
Cold Milk Pint

8
Rice Krispie Cereal
100% Chilled Juice Box
Talking Bananas
Cold Milk Pint

9
No School
Yom Kippur Day


10
Bug Bites Grahams
100% Chilled Juice Box
Fresh Apple Slices
Cold Milk Pint
Apple Crunch Day!

11
Zee Zee Coco Cherry Bar
100% Chilled Juice Box
Applesauce Cup
Cold Milk Pint

14
Apple Cinnamon Muffins
100% Chilled Juice Box
Fresh Plums
Cold Milk Pint

15
Chocolate Grahams
100% Chilled Juice Box
Orange Cranberries
Cold Milk Pint

16
Reduced Sugar
Fruit Loops Cereal
100% Chilled Juice Box
Sweet Peaches
Cold Milk Pint

17
Strawberry Pop Tart
100% Chilled Juice Box
Tropical Bananas
Cold Milk Pint

18
PF Colored Goldfish
Crackers
100% Chilled Juice Box
Orchard Apples
Cold Milk Pint

21
Scooby Graham Sticks
100% Chilled Juice Box
Applesauce Cup
Cold Milk Pint

22
Frosted Mini-Wheats
Chocolate Cereal Bowl
100% Chilled Juice Box
Tropical Bananas
Cold Milk Pint

23
Cinnamon Toast Crunch
Breakfast Bar
100% Chilled Juice Box
Fresh Plums
Cold Milk Pint

24
Fieldstone Apple Bar
100% Chilled Juice Box
Sweet Peaches
Cold Milk Pint

25
Teddy Cinnamon Grahams
100% Chilled Juice Box
Strawberry Cup
Cold Milk Pint

28
Zee Zee Campfire
S'mores Breakfast Bar
100% Chilled Juice Box
Cold Milk Pint

29
Fieldstone Strawberry
Oatmeal Bar
100% Chilled Juice Box
Tropical Bananas
Cold Milk Pint

30
PF Cheddar Goldfish
100% Chilled Juice Box
Applesauce Cup
Cold Milk Pint

31
Growling Good Granola
Apple Breakfast Bar
100% Chiller Juice
Screaming Peaches
Ghostly Cold Milk Pint

Join us at noon on
October 10, 2019
**GREAT LAKES
GREAT APPLE
CRUNCH**


Halloween



Holmes, London,
Tarkington, Frost &
Kilmer have rolled out
the ever popular **FREE**
Grab-n-Go breakfast
cart option while still
offering the traditional
FREE breakfast in the
café before school.

While our incredible
Breakfast *after* the Bell
program continues at

- Field
- Twain
- Whitman

These K-5 students will
be offered a **FREE**
breakfast in their
classrooms after the
school day starts.

Each meal includes rBST-free skim or 1% milk.

