

Artificial Ingredients, Additives, Preservatives

High-Fructose Corn Syrup

Fried Foods Mystery Meats

ALWAYS fresh NEVER frozen

**** 4-Star Schod Lunch Provider!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>No School Labor Day</p>	<p>3</p> <p>Welcome Back! WG Chicken Nuggets Super Green Broccoli Sweet Peaches Ice Cold Milk Choice</p>	<p>4</p> <p>Grilled Cheese Please BBQ Baked Beans Mighty Melon Mix Ice Cold Milk Choice</p>	<p>5</p> <p>Finger-Licking Chicken Drumstick Kid-Friendly Kale Salad Fresh Navel Orange Ice Cold Milk Choice</p>	<p>6</p> <p>A Original Hamburger w/Pickle Chips Creamy Coleslaw Orchard Apples Ice Cold Milk Choice</p>
<p>9</p> <p>French Toast Sticks w/Pork Sausage Patty Oven Baked Potatoes Unsweetened Applesauce Ice Cold Milk Choice</p>	<p>10</p> <p>Cheese Quesadilla Fresh Corn Salsa Refreshing Watermelon Ice Cold Milk Choice</p>	<p>11</p> <p>Chicken Fajitas w/Cilantro Lime Rice Sautéed Peppers & Onions Sweet Peaches Ice Cold Milk Choice</p>	<p>12</p> <p>New Item BBQ Pork Rib Sandwich Garden Green Beans Talking Bananas Ice Cold Milk Choice</p>	<p>13</p> <p>Tony's Cheese Pizza Slice California Blend Veggies Juicy Cantaloupe Ice Cold Milk Choice</p>
<p>16</p> <p>Spaghetti & Meatballs Texas Toast Zucchini Medley Orchard Apples Ice Cold Milk Choice</p>	<p>17</p> <p>Corn Dog on Stick Super Green Broccoli Mighty Melon Mix Ice Cold Milk Choice</p>	<p>18</p> <p>Traditional Soft Tacos w/Cilantro & Onions Charro Beans Tropical Bananas Ice Cold Milk Choice</p>	<p>19</p> <p>Chicken Slider Sandwich Pea & Pasta Salad Fresh Navel Oranges Ice Cold Milk Choice</p>	<p>20</p> <p>Mini Cheeseburger Chilled Cucumber & Tomato Salad Refreshing Watermelon Ice Cold Milk Choice</p>
<p>23</p> <p>Yummy Warm Waffles w/Pork Sausage Patty Oven Baked Potatoes Sweet Peaches Ice Cold Milk Choice</p>	<p>24</p> <p>Tony's Pepperoni Pizza Cool Cucumber Slices Blueberry Bursts Ice Cold Milk Choice</p>	<p>25</p> <p>Southwest Nachos Black Beans & Corn Honeydew Melon Ice Cold Milk Choice</p>	<p>26</p> <p>New Item Garlic Pizza French Bread Golden Corn Orchard Apples Ice Cold Milk Choice</p>	<p>27</p> <p>School Improvement Day No Lunch Service</p>
<p>30</p> <p>No School</p>	<p>ILLINOIS HARVEST OF THE MONTH</p> <p>The Illinois Farm to School Network is a growing coalition of school districts, early childcare providers and individuals who support food and nutrition education, local food purchasing, and building our local food economy. Projects like Illinois Harvest of the month are designed to help make it easy for schools & other institutions to buy local. We are able to obtain local produce for Illinois, Wisconsin, Indiana & Michigan to serve our students the freshest produce possible. Want to learn more : http://harvestillinois.org</p>			

Did you know that at a CEP school, if you're bringing your own lunch entrée from home, you can still grab a fruit, veggies and a cold milk every day for free to complete your meal?

Elementary Daily Menu Choices

- Turkey & American Cheese Sub
- Veggie Salad w/Beans
- Sun Butter & Jelly
- Yogurt Cup & Cheddar Goldfish Crackers

Elementary Weekly: Rotating Choices

- Mon – Chicken Nuggets
- Tues – Rigatoni Marinara
- Weds- Pancakes & Sausage
- Thurs – Macaroni & Cheese
- Fri- Hot Dogs

Middle School Daily Choices

- Doughbro's Pizza (Available M, W, F)
- Cheese Filled Bread Stick (Available Tues/Thurs)
- All Beef Hot Dog
- Variety of Chicken Sandwiches
- Made to order Deli Bar
- Grab n Go Salads
- Sun Butter & Jelly Sandwich

Each meal includes rBST-free skim or 1% milk.

