

Artificial Ingredients, Additives, Preservatives

High Fructose Corn Syrup

Fried Foods Mystery Meats

ALWAYS fresh NEVER frozen

**** 4-Star Schod Lunch Provider!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Tony's Cheese Pizza Garden Peas Blueberry Bursts Ice Cold Milk Choice	3 Cheeseburger Slider Carrot Coins Tropical Bananas Ice Cold Milk Choice	4 Three Cheese Quesadilla Corn & Bean Salsa Southern Peaches Ice Cold Milk Choice	5 Finger Licking Drumstick Super Green Broccoli Strawberry Cup Ice Cold Milk Choice	6 Mini Maple Waffles w/Pork Sausage Patty Oven Potatoes Warm Cinnamon Pears Ice Cold Milk Choice
9 Cheesy French Bread Super Green Broccoli Orchard Apples Ice Cold Milk Choice	10 Ham & American Cheese Bagel Melt Carrot Coins Warm Southern Peaches Ice Cold Milk Choice	11 Soft Pork Carnitas Tacos Pineapple Jalapeno Slaw Talking Bananas Ice Cold Milk Choice Strawberry Milk Available	12 Hamburger w/pickles Oven Potatoes Fresh Navel Oranges Ice Cold Milk Choice	13 Chicken Tenders BBQ Baked Beans Mixed Vegetables Ice Cold Milk Choice
16 Southwest Nachos Mexicali Corn Strawberry Cup Ice Cold Milk Choice	17 No School Institute Day 	18 Bosco Cheese Sticks w/Marinara Dipping Sauce Carrot & Peas Blend Fresh Pears Ice Cold Milk Choice	19 BBQ Chicken Sandwich Creamy Coleslaw Orchard Apples Ice Cold Milk Choice	20 Creamy Chicken Alfredo Kid Friendly Kale Salad Fresh Navel Orange Ice Cold Milk Choice
23 	24-27 Spring break week			27
30 Tony's Pepperoni Pizza Mixed Vegetables Orchard Apples Ice Cold Milk Choice	31 Cheeseburger Pineapple Jalapeno Slaw Strawberry Cup Ice Cold Milk Choice			

Did you know that at a CEP school, if you're bringing your own lunch entrée from home, you can still grab a fruit, veggies and a cold milk every day for free to complete your meal?

Elementary Daily Menu Choices

- Turkey & American Cheese Sub
- Veggie Salad w/Beans
- Sun Butter & Jelly
- Yogurt Cup & Cheddar Goldfish Crackers

Elementary Weekly Rotating Choices

- Mon – Chicken Nuggets
- Tues – Rigatoni Marinara
- Weds- Pancakes & Sausage
- Thurs – Macaroni & Cheese
- Fri- All Beef Hot Dogs

Middle School Daily Choices

- Doughbro's Pizza (Available M, W, F)
- Cheese Filled Bread Stick (Available Tues/Thurs)
- All Beef Hot Dog
- Variety of Chicken Sandwiches
- Made to order Deli Bar
- Grab n Go Salads
- Sun Butter & Jelly Sandwich

ILLINOIS HARVEST OF THE MONTH

Each meal includes rBST-free skim or 1% milk.



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