

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6 Last Day of Summer Service in the Parks
9 	10	11	12	13 
<p>Your food coaches are busy getting ready for your return! Everyone at OrganicLife is looking forward to seeing your smiling faces back in the cafeterias, where HOT meals will be served with BIG warm smiles!</p>				
16 Institute Day No School No Meal Service	17 Institute Day No School No Meal Service	18 Chicago Style Hot Dog Baked Beans Fresh Talking Bananas Ice Cold Milk Choice Welcome Back! First Day of School Grades 1 - 8th	19 Pork Carnitas Tacos Pineapple Jalapeno Slaw Mighty Melon Mix Ice Cold Milk Choice Welcome Back First Day of School for Pre-Kindy & Kindergarten	20 Chicken Drumstick Oven Baked Fries Warm Cinnamon Pears Ice Cold Milk Choice
23 Meatless Monday's Cheese Ravioli w/Roll Green Beans Apple Slices Ice Cold Milk Choice	24 Creamy Mac & Cheese Buffalo Cauliflower Fresh Honeydew Ice Cold Milk Choice	25 Chicken Fajitas w/Cilantro Lime Rice Sautéed Peppers & onions Southern Peaches Ice Cold Milk Choice	26 Salisbury Steak w/Gravy & Roll Mashed Potato Orange Smiles Ice Cold Milk Choice	27 Sweet & Sour Cantonese Chicken w/Brown Rice Carrot Slices Fresh Fruit Ice Cold Milk
30 Meatless Monday's Tater Tot Nacho's Fresh Pico De Gallo Warm Sweet Peaches Ice Cold Milk Choice	31 Western Burger Cilantro Jicama Slaw Fresh Bananas Ice Cold Milk Choice			

Did you know that at a CEP school, if you're bringing your own lunch entrée from home, you can still grab a fruit, veggies and a cold milk every day for free to complete your meal?

Elementary Daily Menu Choices

- Turkey & American Cheese Sub
- Veggie Salad w/Beans & Roll
- Soy Butter & Jelly
- Yogurt Cup & String Cheese
- Cheddar Goldfish Crackers

Elementary Weekly Rotating Choices

- Mon – Chicken Nuggets
- Tues – Cheese Pizza
- Weds- Fish Sandwich
- Thurs – Chicken Patty Sandwich
- Fri- Brunch for Lunch

Middle School Daily Choices

- Doughbro's Pizza (Available M, W, F)
- Cheese Filled Bread Stick (Available Tues/Thurs)
- All Beef Hot Dog
- Variety of Chicken Sandwiches
- Made to order Deli Bar
- Grab n Go Salads
- Soy Butter & Jelly Sandwich

ILLINOIS HARVEST OF THE MONTH

Each meal includes rBST-free skim or 1% milk.

