

Menus may be subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Nana's Spaghetti & Meatballs w/Dinner Roll Summer Squash Fresh Fruit Ice Cold Milk Choice	2 BBQ Pulled Pork Sandwich Pineapple Jalapeno Slaw Fresh Fruit Ice Cold Milk Choice	3 Soft Chicken Tacos Cheesy Refried Beans Fresh Fruit Ice Cold Milk Choice
6 Labor Day No School No Meal Service	7 Rosh Hashanah No School No Meal Service	8 All Beef Hot Dog Baked Beans Fresh Fruit Ice Cold Milk Choice	9 Breakfast Sandwich w/ Egg, Sausage & Cheese Oven Baked Tri Tator Warm Cinnamon Pear Ice Cold Milk Choice	10 4 - Star Mac & Cheese California Blend Veggies Fresh Fruit Ice Cold Milk Choice
13 Meatless Monday's Toasted Grilled Cheese Sandwich Roasted Chick Peas Fresh Fruit Ice Cold Milk Choice	14 Chicken Fried Rice Oriental Vegetables Fresh Fruit Ice Cold Milk Choice	15 Rigatoni Marinara w/Dinner Roll Sweet Corn Fresh Fruit Ice Cold Milk Choice	16 Yom Kippur No School No Meal Service	17 Classic Sloppy Joes Crispy Tater Tots Warm Cinnamon Pears Ice Cold Milk Choice
20 Meatless Monday's Vegetable Spring Roll WG Brown Rice Super Green Broccoli Mandarin Oranges Ice Cold Milk Choice	21 All Beef Hot Dog Mixed Vegetables Fresh Fruit Ice Cold Milk Choice	22 Walking Tacos w/Doritos Seasoned Black Beans Fresh Fruit Ice Cold Milk Choice	23 Cheese Bosco Sticks w/Dipping Sauce Zucchini Coins Fresh Fruit Ice Cold Milk Choice	24 Breakfast Pizza w/Egg & Bacon Roasted Chick Peas Fresh Fruit Ice Cold Milk Choice
27 Meatless Monday's Gooey Cheese Quesadilla Frijole Refried Beans Fresh Fruit Ice Cold Milk Choice	28 Swedish Meatballs Garlic Butter Noodles Super Green Broccoli Fresh Fruit Ice Cold Milk Choice	29 Cheese Calzone w/Dipping Sauce Squash Medley Fresh Fruit Ice Cold Milk Choice	30 Pasta Primavera w/Roll Carrot Coins Fresh Fruit Ice Cold Milk Choice	

*Did you know that at a CEP school, if you're bringing your own lunch entrée from home, you can still grab a fruit, veggies and a cold milk every day for free to complete your meal?*

**Elementary Daily Menu Choices**

- Turkey & American Cheese Sub
- Veggie Salad w/Beans & Roll
- Soy Butter & Jelly
- Yogurt Cup & String Cheese
- Cheddar Goldfish Crackers

**Elementary Weekly Rotating Choices**

- Mon – Chicken Nuggets
- Tues – Cheese Pizza
- Weds- Fish Sandwich
- Thurs – Chicken Patty Sandwich
- Fri- Brunch for Lunch

**Middle School Daily Choices**

- Doughbro's Pizza (Available M, W, F)
- Cheese Filled Bread Stick (Available Tues/Thurs)
- All Beef Hot Dog
- Variety of Chicken Sandwiches
- Made to order Deli Bar
- Grab n Go Salads
- Soy Butter & Jelly Sandwich

**ILLINOIS HARVEST OF THE MONTH**

Each meal includes rBST-free skim or 1% milk.

