

Menus may be subject to change.  
Notice will be given as soon as possible

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>February is National Heart Month - February is chosen because it is a time when many people reflect on matters of the heart, including love and relationships. It is a fitting opportunity to also emphasize the importance of heart health. Here are some ways to promote heart health during Heart Month and beyond. Eat a balanced Diet, Exercise Regularly and Get an Adequate amount of sleep each night.</b></p>			1 LF Cheddar Cheese WG GF Pretzels 1% LF White Milk	2 WG Muffin Fresh Fruit 1% White Milk 
5 LF Yogurt Cup Fresh Fruit 1% White Milk 	6 WG Chocolate Grahams 100% Juice Box 1% LF White Milk 	7 WG Apple Jacks Cereal Bowl Fresh Fruit 1% White Milk	8 LF String Cheese WG Snack Crackers 1% LF White Milk 	9 WG Muffin Fresh Fruit 1% White Milk 
12 LF Yogurt Cup Fresh Fruit 1% White Milk	13 WG Grahams 100% Juice Box 1% LF White Milk 	14 WG Trix Cereal Bowl Fresh Fruit 1% White Milk  <b>Happy Valentine's Day</b>	15 LF Cheddar Cheese WG GF Pretzels 1% LF White Milk	16 No School No Meal Service School Improvement Day 
19 No School No Meal Service Presidents Day 	20 Appleways Oatmeal Bar 100% Juice Box 1% LF White Milk 	21 WG Cinnamon Chex Cereal Bowl Fresh Fruit 1% White Milk	22 LF String Cheese WG Snack Crackers 1% LF White Milk 	23 WG Muffin Fresh Fruit 1% White Milk 
26 LF Yogurt Cup Fresh Fruit 1% White Milk 	27 WG Cheddar Cheeze Its 100% Juice Box 1% LF White Milk	28 WG Plain Cheerios Cereal Bowl Fresh Fruit 1% White Milk	29 LF Cheddar Cheese WG GF Pretzels 1% LF White Milk <b>Happy Leap Day!</b>	

**Welcome to the Pre-Kindy Program**

Good Morning!  
AM & PM Pre-Kindy students who attend the following schools will be provided a snack daily!

**Frost**  
**Hawthorne**  
**Tarkington**  
**Whitman**

The food supply chain is suffering delays and shortages nationwide causing our district to experience unavailable items or last-minute replacements. We apologize in advance if a posted menu item is not available, and we will always have a replacement item. We appreciate your patience and understanding.

Each meal includes rBST-free skim or 1% milk.



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability. Menus may be subject to change. Notice will be given as soon as possible.