

Menus may be subject to change.  
Check Mealviewer.com for updates.



## September Breakfast Menu.

21

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>Labor Day No School No Meal Service</b>	2 Warm WG Breakfast Bar Or WG Breakfast Biscuits 100% Juice Box Fresh Fruit Cold Milk Choice	3 Warm WG Cinnamon Rolls Or WG Nutri Grain Bar 100% Juice Box Fresh Fruit Cold Milk Choice	4 WG Warm Muffin Or WG Goldfish Crackers 100% Juice Box Fresh Fruit Cold Milk Choice	5 Warm WG Maple Waffles Or Chef's Choice 100% Juice Box Fresh Fruit Cold Milk Choice
8 Warm WG Donut Or WG Breakfast Round 100% Juice Box Fresh Fruit Cold Milk Choice	9 WG Frudel Pastry Or WG Cereal Bowl 100% Juice Box Fresh Fruit Cold Milk Choice	10 WG Warm Muffin Or WG Cereal Bar 100% Juice Box Fresh Fruit Cold Milk Choice	11 WG Egg & Cheese Biscuit Or WG Oatmeal Bar 100% Juice Box Fresh Fruit Cold Milk Choice	12 Warm WG Apple Cinnamon Bread Or Chef's Choice 100% Juice Box Fresh Fruit Cold Milk Choice
15 Warm WG Donut Bites Or WG Lucky Charms 100% Juice Box Fresh Fruit Cold Milk Choice	16 WG Warm Muffin Or WG Goldfish Crackers 100% Juice Box Fresh Fruit Cold Milk Choice	17 Warm Egg & Sausage Muffin Or WG Waffle Snaps 100% Juice Box Fresh Fruit Cold Milk Choice	18 Warm WG Cinnamon Rolls Or WG Pop Tart 100% Juice Box Fresh Fruit Cold Milk Choice	19 Warm WG Bagel w/LF Cream Cheese Cup Or Chef's Choice 100% Juice Box Fresh Fruit Cold Milk Choice
22 WG Warm Muffin Or WG Cereal Bar 100% Juice Box Fresh Fruit Cold Milk Choice	23 <b>No School Rosh Hashanah No Meal Service</b>	24 Warm WG Cinnamon Rolls Or WG Goldfish Crackers 100% Juice Box Fresh Fruit Cold Milk Choice	25 Warm Egg & Cheese Burrito Or WG Cereal Bowl 100% Juice Box Fresh Fruit Cold Milk Choice	26 WG Warm Pancakes w/Syrup Or Chef's Choice 100% Juice Box Fresh Fruit Cold Milk Choice
29 Warm WG French Toast Or Oatmeal Bar 100% Juice Box Fresh Fruit Cold Milk Choice	30 Warm WG Donut Or WG Cheez-Its 100% Juice Box Fresh Fruit Cold Milk Choice			



Good morning!

Mornings can be hectic.  
School breakfast takes  
one thing off the morning  
"to do" list and it's a great  
way to start the day.

Join us in your cafeteria  
for your favorite  
breakfast.

*Breakfast is a time to  
embrace the possibilities  
of a brand-new day."*

- Unknown



WG = Whole Grain

LF = Low fat

Each meal includes rBST-free skim or 1% milk.

